





How to be Grownish

CHECKLIST FOR ADULTING

- Doing laundry
- Preparing meals
- Budgeting
- Servicing your car
- Filling out forms
- Going grocery shopping
- Filing important documents
- Cleaning and chores
- Running errands
- Getting a passport
- Making a will
- Checking your credit score
- Voting
- Evaluating relationships
- Using a fire extinguisher
- Washing and detailing your car
- Making coffee
- Planning for your future
- Making appointments (dentist, doctor, accountant, etc.)
- Personal Hygiene
- Dealing with insurance (car, house/condo, life, etc.)
- Keeping up with news and current events
- Donating unused items (clothes, books, make up, bedding, etc.)
- Reading
- Listening to podcasts
- Changing lightbulbs
- Sewing a button
- Creating a resume and cover letter
- Making your bed
- Reading a manual
- Putting together appliances and furniture
- Organizing apps, music, computer files, etc.
- Getting new towels and pillows
- Testing smoke alarms
- Ironing
- Unclogging a drain or the toilet
- Changing filters (car, heater, air conditioner, etc.)
- Cleaning or replacing your make up brushes
- Jumpstarting a car
- Learning good safety
- Getting your first aid qualifications
- Paying your bills
- Writing thank you notes
- Setting clocks
- Conversation skills
- Knowing to apologize
- Problem solving
- Doing hard things



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